



Speaker PREP Video Series

#2 – Rehearse, Don't Read

PRACTICE LOG

DATE:
REHEARSAL PHASE:
<ol style="list-style-type: none">1. Drafting2. Editing3. Refining4. Dress Rehearsal
PARAMETERS:
<ul style="list-style-type: none">• <i>Where will the rehearsal happen – Inside or outside? Home, work, or somewhere else? What size and privacy level is the space and surrounding area?</i>• <i>Who will watch and/or listen – family, friends, colleagues, random people, myself (watch in mirror or record and playback), no one (playing to an empty room)?</i>• <i>What will you use – slides, other visuals, notes, outline</i>• <i>How much of the presentation will you be working on – all of it, specific section(s)?</i>
PURPOSE:
<p><i>Examples:</i></p> <p><i>...to deliver this portion of the presentation & note where I don't feel confident</i></p> <p><i>...to time this portion in its current state</i></p> <p><i>...to try different physical gestures while delivering this topic</i></p> <p><i>...to simulate an interruption and practice getting back on track</i></p>